



## 31.12.2025 - EINDSTAND ESTAFETTECHALLENGE - 10

### WEDSTRIJDEN

HEREN-80	Jonas Slegers -	4X1-3X2	1 Alg
	Andries Aerts 7W		
HEREN+80	Michel Wolfs -	1X1-1X2	
	Gilles Puelings 6W		
Gmngd-80	Jill Pauwels -	1X1-1X2-	1 Alg
	Jorden Van Asselbergh 6W	2X3	

## 31.12.2025 - EINDSTAND HELPSHOPLOOPCRITERIUM - 15

### WEDSTRIJDEN

#### EINDSTAND 5 KM

D-35/275D	Kelly Haex	3W	2X3
H-35/419D	Jorden Van Asselbergh	3W	1X2-1X3
	Gilles Puelings	3W	1X3
	Bram Rouffa	2W	1X1
H+35/180D	Jonas Slegers	11W	8X1-2X3
	Andries Aerts	1W	1X2
	Niels Adang	1W	1X3
H+55/72D	Michel Wolfs	12W	3X2-5X3

#### EINDSTAND 10 KM

H+35/246D	Andries Aerts	4W	1X2
	Niels Adang	1W	1X3
H+55/47D	Lode Raskin	13W	2X2-5X3
D-35/187D	Julie Vangeel	1W	1X1
D+35/116D	Jill Pauwels	11W	2X1-4X2-
			3X3
D+45/73D	Hilde Schroven	2W	1X2

## 31.12.2025 - EINDSTAND CHALLENGE EDUCARE VICTORS CUP -

### 13 WEDSTRIJDEN

D-30/+1000D	Loes Vanderlinden	6W	3X1-1X2
	Kelly Haex	5W	2X1-3X2-
			1X3
D+30/+1000D	Julie Vangeel	12W	8X1-1X2
D+50/+1000D	Hilde Schroven	12W	8X1-1X2-
			1X3
H-30/+1000D	Jorden Van Asselbergh	6W	4X2-3X3

	Bram Rouffa	3W	2X1-1X2- 2X3
H+30/+1000D	Jonas Slegers	11W	4X1-3X2- 4X3
H+40/+1000D	Peter Bex	13W	1X1-2X2- 2X3
H+50/989D	Lode Raskin	12W	3X1-5X2
	Michel Wolfs	4W	3X1-1X2

#### 20.12.2025 - KERSTRUN KINROOI

##### 5 km - 151 deelnemers

H50/6D	1	Lode Raskin	00:21:12
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#### 14.12.2025 - LCC DILSEN

##### Dames Jun -Sen - MasV-50 - 5610 m - 22 deelnemers

DSen/12D	8	Julie Vangeel	00:24:43
D+35/7D	1	Rianne Linssen	00:22:31

##### Sch - Mas+50 - 4500 m - 20 deelnemers

H50/10D	9	Michel Wolfs	00:19:58
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##### HSen - 9500 m - 15 deelnemers

HSen/15D	11	Jorden Van Asselbergh	00:36:04
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##### Heren Junior - Mas-50 - 5610 m - 18 deelnemers

H-50/14D	6	Jonas Slegers	00:20:57
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#### 12.12.2025 - LA WACORRIDA - WAREMME

##### 10 km - 136 deelnemers

HV2/16D	5	Lode Raskin	00:42:23
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#### 07.12.2025 - MARATHON VALENCIA

##### Heren Algemeen - 24984 deelnemers - 42,195 km

H40/3899D	519	Niels Adang	02:49:30
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#### 07.12.2025 - LCC BREE

##### Dames Jun -Sen - MasV-50 - 5295 m

DSen/9D	8	Julie Vangeel	00:23:12
D+35/6D	1	Rianne Linssen	00:20:35

##### Sch - Mas+50 - 4420 m

H50/10D	6	Michel Wolfs	00:17:58
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##### HSen - 8575 m

HSen/12D	9	Jorden Van Asselbergh	00:32:41
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##### Heren Junior - Mas-50 - 5805 m

H-50/14D	4 Jonas Slegers	00:20:34
	6 Andries Aerts	00:20:50
	8 Malte Franssen	00:21:42

#### 06.12.2025 - WINTERDUATLON - WUUSTWEZEL

##### Lopen 4 km - Fietsen 21 km - Lopen 2 km - 117 deelnemers

Gmngd/11D	1 Katleen Boeckx - Geert Schroven	01:25:38
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#### 30.11.2025 - VELDLOPEN HULSHOUT

##### Heren Mas +35 - 4700 m

H35/10D	3 Jonas Slegers	00:14:43
H40/5D	3 Peter Bex	00:16:29

#### 23.11.2025 - HALVE VAN ELL - ELL (NL)

##### 8 km - 77 deelnemers

HAlg/40D	6 Lode Raskin	00:35:08
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#### 23.11.2025 - LCC GENK

##### Dames Jun -Sen - MasV-50 - 5415 m - 26 deelnemers

DSen/11D	7 Julie Vangeel	00:22:15
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##### Sch - Mas+50 - 4150 m - 31 deelnemers

H+50/17D	5 Michel Wolfs	00:17:07
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##### HSen - 8280 m 12-deelnemers

HSen/15D	9 Jorden Van Asselbergh	00:30:13
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##### Heren Junior - Mas-50 - 5415 m - 34 deelnemers

H-50/21D	6 Jonas Slegers	00:19:09
	7 Malte Franssen	00:19:22

#### 22.11.2025 - DUINENGORDEL TRAIL RUN - OUDSBERGEN

##### 11 km - 137 deelnemers

D50/10D	1 Hilde Schroven	00:54:18
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#### 16.11.2025 - ESTAFETTE WAREMME

##### 2 lopers - 1u - 101 teams

G-80/17D	1 Julie Vangeel - Jonas Slegers	15985 m	5 Alg
H+80/9D	4 Michel Wolfs - Gilles Puelings	15100 m	

#### 11.11.2025 - SKF EKIDEN TONGEREN

##### Marathon met 6 deelneemers - 91 teams

Gmngd/ 32D      1 **GS Running Team I**      02:35:56      6/90 Alg

Rianne Linssen:  
5 km - 00:18:40  
Robbe Vandebosch:  
10 km - 00:35:17  
Kelly Haex:  
5 km - 00:21:05  
Jorden Van Asselbergh:  
10km - 00:35:04  
Julie Vangeel:  
5 km - 00:20:05  
Malte Franssen:  
7,195 km - 00:25:45

3 **GS Running Team II**      02:57:07      19/90 Alg

Hilde Schroven:  
5 km - 00:22:11  
Gilles Puelings:  
10 km - 00:42:08  
Jill Pauwels:  
5 km - 00:21:50  
Kevin Pauls:  
10 km - 00:39:29  
Loes Vanderlinden:  
5 km - 00:21:47  
Michel Wolfs:  
7,195 km - 00:29:42

H/48D      7 **ADD - Team Koen**      02:39:39      9/90 Alg

Bram Rouffa:  
5 km - 00:15:50

D/10D      1 **De Running Ladies 2.0**      02:48:39      12/90 Alg

Rianne Linssen:  
10 km - 00:40:04

#### 09.11.2025 - LCC PELT

##### Korte Cross - 2660 m

HSen/12D      10 Gilles Puelings      00:10:29

##### Dames Jun -Sen - MasV-50 - 5190 m

D-50/5D      1 Rianne Linssen      00:00:00

##### Sch - Mas+50 - 4450 m

H+50/22D      7 Michel Wolfs      00:17:57

##### HSen - 7840 m

HSen/26D      16 Jorden Van Asselbergh      00:30:00

##### Heren Junior - Mas-50 - 5190 m

H-50/15D	6 Jonas Slegers	00:19:21
	8 Malte Franssen	00:19:27

#### 02.11.2025 - LCC TONGEREN

##### Korte Cross - 2750 m

HSen/11D	10 Gilles Puelings	00:10:40
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##### Dames Jun -Sen - MasV-50 - 5500 m

DSen/11D	10 Julie Vangeel	00:23:35
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D-50/7D	1 Rianne Linssen	00:21:25
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##### Sch - Mas+50 - 4450 m

H+50/15D	7 Yves Kockaerts	00:17:09
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	9 Michel Wolfs	00:17:39
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##### HSen - 9110 m

HSen/15D	5 Bram Rouffa	00:32:04
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	12 Jorden Van Asselbergh	00:34:25
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##### Heren Junior - Mas-50 - 5500 m

H-50/21D	5 Jonas Slegers	00:19:44
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	6 Andries Aerts	00:19:45
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	9 Malte Franssen	00:20:46
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#### 02.11.2025 - AVR'69 DUATLON REUSEL (NL)

##### Duo Team L7 - F30 - L3?5 - 14 deelnemers

GMNGD/	3 Katleen Boeckx -	02:00:57
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14D	Geert Schroven	
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#### 26.10.2025 - IJZEREN MAN CROSS - WEERT (NL)

##### Korte Cross: 4315 m - 52 deelnemers

D45/7D	2 Hilde Schroven	00:21:53
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#### 25.10.2025 - ESTAFETTE LAGO - ST-TRUIDEN

##### 2 lopers - 1u - 52 teams

G-80/6D	2 Jill Pauwels -	16137 m
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	Jorden Van Asselbergh	
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H+80/5D	4 Michel Wolfs -	15729 m
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	Gilles Puelings	
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#### 19.10.2025 - KERKENLOOP KORTESSEM

##### 5,6 km - 211 deelnemers

H-35/62D	2 Robbe Vandebosch	00:18:33	3 Alg
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H+35/30D	1 Jonas Slegers	00:18:28	2 Alg
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H+55/14D	4 Michel Wolfs	00:22:24	
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##### 13,9 km - 112 deelnemers

D-35/6D	4 Kelly Hasx	01:08:45
D+35/7D	3 Jill Pauwels	01:04:28
D+45/7D	2 Hilde Schroven	01:06:17
H-35/14G	8 Jorden Van Asselbegh - Pace	01:04:29
	14 Gilles Puelings - Pace	01:08:13
H+35/27D	4 Andries Aerts	00:52:12
	5 Peter Bex	00:52:27
H+55/15D	5 Lode Raskin	01:00:52

## 12.10.2025 - DWARS DOOR HASSELT

### 15 km - 1194 deelnemers

H55/30D	2 Michel Wolfs	01:03:54
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### 10,3 km - 2602 deelnemers

D25/228D	6 Loes Vanderlinden	00:44:52
D45/65D	1 Chantal Van Oosterwijck	00:44:51
H55/52D	1 Lode Raskin	00:42:14

### 5,13 km - 4076 deelnemers

D25/166D	1 Kelly Haex	00:21:19
D30/137D	1 Julie Vangeel	00:19:58
H20/69D	3 Robbe Vandebosch	00:16:37
H25/93D	2 Jorden Van Asselbergh	00:16:23
	14 Gilles Puelings	00:21:14
H35/131D	1 Jonas Slegers	00:16:26
H40/170D	2 Peter Bex	00:17:52

## 12.10.2025 - DUATHLON GEEL

### 2 km lopen/30 km fietsen/4 km lopen - 11 deelnemers

Gmngd/5D	2 Katleen Boeckx - Geert Schroven	01:21:27
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## 05.10.2025 - DIEPENBEEK LOOPT

### 5,2 km - 179 deelnemers

H-35/47D	2 Robbe Vandenbosch	00:16:55	2 Alg
	3 Jorden Van Asselbergh	00:17:07	
H+35/30D	1 Jonas Slegers	00:16:59	3 Alg
	2 Andries Aerts	00:17:31	
H+55/13D	3 Michel Wolfs	00:20:28	

### 10 km - 112 deelnemers

D+35/10D	3 Jill Pauwels	00:47:25
H+45/24D	10 Yves Kockaerts	00:40:25
H+55/12D	3 Lode Raskin	00:41:26

## 28.09.2025 - MAASRUN LANAKEN

### PK 10 km - 313 deelnemers

V35/54D	1 Rianne Linssen	00:40:44	<b>GOUD V35</b>
V45/19D	3 Hilde Schroven	00:45:12	<b>GOUD V50</b>
H35/54D	3 Jonas Slegers	00:34:45	<b>ZILVER H35</b>
H55/32D	7 Lode Raskin	00:42:45	<b>GOUD H55</b>

#### HALVE MARATHON - 234 deelnemers

H+35/62D	3 Peter Bex	01:21:30	
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#### 27.09.2025 - KASSELER REHAMED HERCULES BERGLAUF - KASSEL

##### 8,3 km - 239 deelnemers

H35/25D	2 Malte Franssen	00:36:36	
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#### 21.09.2025 - AMBIORIXRUN - TONGEREN

##### 5 km - 156 deelnemers

D-35/30D	1 Kelly Haex	00:20:46	1 Alg
H-35/45D	2 Jorden Van Asselbergh	00:16:23	2 Alg
H+35/15D	1 Jonas Slegers	00:16:30	3 Alg

##### 10 km - 117 deelnemers

D-35/15D	1 Julie Vangeel	00:41:13	3 Alg
D+45/4D	1 Hilde Schroven	00:44:59	
H+35/27D	7 Peter Bex	00:36:51	

##### 21 km Trail - 57 deelnemers

D-35/8D	2 Loes Vanderlinden	01:55:58	3 Alg
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#### 20.09.2025 - DE HOLLE WEGEN - HOEGAARDEN

##### 5 km - 224 deelnemers

H+35/71D	4 Niels Adang	00:18:53	
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#### 17.09.2025 - MEETING LOOISE - TESSENDERLO

600mDSen/3D	2 Julie Vangeel	01:50,73	
	3 Kelly Haex	01:55,11	<b>PR</b>
600mDMas/6D	5 Hilde Schroven	02:15,83	
600mHSen/11D	7 Ljorden Van Asselbergh	01:31,88	
2 mijl	2 Jonas Slegers	10:34,93	<b>PR</b>
HMas/10D	5 Peter Bex	11:07,68	<b>PR</b>

#### 14.09.2025 - GROENE HALVE MARATHON - HAMONT

##### 5 km - 100 deelnemers

H35-50/18D	1 Jonas Slegers	00:16:24	3 Alg - <b>PR</b>
H+50/6D	2 Lode Raskin	00:19:41	

D-35/32D	3 Kelly Haex	00:20:22	3 Alg
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12 km - 163 deelnemers

D-35/30D	1 Julie Vangeel	00:49:41	1 Alg
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H35-	4 Peter Bex	00:44:44	
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50/42D

Halve Marathon VK/PK- 415 deelnemers

D50/3D	2 Hilde Schroven	01:36:01	1PK - 2VK
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13.09.2025 - TWEELOOP ALKEN

2 lopers - 1u - 50 teams

H-80/9D	1 Jonas Slegers - Andries Aerts	17033 m	1 Alg
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09.09.2025 - TRAILRUN KAMP BEVERLO

17 km - 30 deelnemers

HAig/23D	3 Malte Franssen	01:17:47	3 Alg
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07.09.2025 - KO MEILE DUSSELDORF (D)

1 mijl - 267 deelnemers

H35/21D	2 Malte Franssen	04:46	
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07.09.2025 - LOON LOOPT

5 km - 116 deelnemers

H+50/9D	2 Lode Raskin	00:21:27	
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10 km - 82 deelnemers

D-40/17D	1 Julie Vangeel	00:45:01	2 Alg
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D+50/4D	2 Hilde Schroven	00:48:29	
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H+40/12D	2 Peter Bex	00:38:47	
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31.08.2025 - BROUWERIJLOOP ALKEN

6,2 km - 130 deelnemers

H+55/10D	2 Michel Wolfs	00:23:33	
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9,8 km - 84 deelnemers

D+35/5D	2 Jill Pauwels	00:44:53	3 Alg
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H+55/12D	6 Lode Raskin	00:44:26	
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24.08.2025 - PK ESTAFETTE - GENK

4X400	1 Rianne Linssen (ATLA)	05:22:35	1 PK
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DMas/1D

4X800	1 Rianne Linssen (ATLA)	11:05,00	1 PK
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DMas/2D

	2 Hilde Schroven (LOOI)	11:17,80	2 PK
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4X800	2 Julie Vangeel,Kelly Haex	10:25,14	2 PK
DSen/4D	(ADD)		
4x800	5 Jorden Van Asselbeghe	08:53,74	
HMas/5D	(ADD)		
4x1500	1 Jonas Slegers (ADD)	18:54,55	1 PK
HMas/2D			

#### 24.08.2025 - ULBEEK LOOPT

##### 5 km - 123 deelnemers

H-35/22D	9 Gilles Puelings	00:20:35	
H+35/21D	3 Jonas Slegers	00:18:12	
H+55/12D	3 Michel Wolfs	00:20:54	

##### 10 km - 73 deelnemers

D+35/4D	1 Jill Pauwels	00:45:06	2 Alg
H+55/9D	2 Lode Raskin	00:42:31	

#### 17.08.2025 - PISTEMEETING AARTSELAAR

100mH/10D	10 Gilles Puelings	00:13,93	
200mH/13D	9 Jorden Van Asselbergh	00:25,76	PR
	13 Gilles Puelings	00:28,72	PR
1000mD/1D	1 Kelly Haex	03:24,66	PR

#### 15.08.2025 - ELST LOOPT - RIEMST

##### 5,2 km - 149 deelnemers

H-35/28D	2 Jorden Van Asselbergh	00:17:19	2 Alg
H+55/16D	2 Michel Wolfs	00:21:19	

##### 10 km - 67 deelnemers

H+55/7D	4 Lode Raskin	00:46:16	
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#### 11.08.2025 - KERMISLOOP KOZEN

##### 5,1 km - 125 deelnemers

H+35/15D	1 Jonas Slegers	00:17:51	1 Alg
H+55/11D	2 Michel Wolfs	00:21:40	

##### 10 km - 95 deelnemers

D+35/5D	2 Jill Pauwels	00:47:01	3 Alg
H+55/13D	8 Lode Raskin	00:46:12	

#### 10.08.2025 - TOUR VAN SPAEN - SPOUWEN/BILZEN

##### 5,1 km - 211 deelnemers

D-40/55D	2 Kelly Haex	00:21:10	3 Alg
H-40/80D	3 Jorden Van Asselbergh	00:17:22	3 Alg
H+40/48D	12 Lode Raskin	00:21:32	

##### 10 km - 130 deelnemers

D-40/29D	1 Julie Vangeel	00:43:16	3 Alg
H+40/39D	1 Peter Bex	00:39:13	

#### 10 Mijl - 121 deelnemers

H-40/43D	3 Jonas Slegers	00:59:43	3 Alg
D+40/16D	5 HildeSchroven	01:18:49	

#### 27.07.2025 - SEZOENTRAIL - BOCHOLT

##### 5,13 km - 178 deelnemers

Dsen/27D	1 Kelly Haex	00:20:57	2 Alg
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#### 27.07.2025 - BOSLOOP TESSENDERLO

##### 8,5 km - 414 deelnemers

D40/20D	2 Katleen Boeckx	00:39:34	3 Alg
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##### 13,8 km - 258 deelnemers

D50/14D	5 Hilde Schroven	01:18:31	
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#### 27.07.2025 - MEETING PISTE AVT HASSELT

200m/6D	4 Jorden Van Asselbergh	00:40,27	<b>PR</b>
Sen			
3000m/4D	3 Julie vangeel	11:17,75	<b>PR</b>
Sen			
5000m/5D	1 Jonas Slegers	07:05,89	<b>SB</b>
Mas			

#### 23.07.2025 - BEACHRUN KOKSIJDE

##### 5 km - 401 deelnemers

H+35/122D	12 Lode Raskin	00:21:53	
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#### 21.07.2025 - TREMELOLOOP - TREMELO

##### 5 km - 246 deelnemers

H+55/11D	1 Lode Raskin	00:20:19	
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#### 13.07.2025 - ALEXANDRA PARK RUN - GLASGOW (SCT)

##### 5 km - 181 deelnemers

HSen/41D	1 Jonas Slegers	00:17:48	1 Alg
H40/17D	1 Peter Bex	00:19:01	

#### 07.07.2025 - THE CLASSIC - TESSENDERLO

##### 3,84 km - 661 deelnemers

D20- 39/143D	6 Julie Vangeel	00:14:37	
H20- 39/117D	8 Jorden Van Asselbergh	00:12:29	

	9	Malte Franssen	00:12:36
	16	Kevin Pauls	00:14:37
H40/24D	3	Peter Bex	00:13:41
H55/9D	1	Michel Wolfs	00:15:05
	2	Lode Raskin	00:15:07

#### 10 km - 1874 deelnemers

D50/16D	1	Hilde Schroven	00:45:02
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#### 05.07.2025 - AALST LOOPT

##### 5 km - 80 deelnemers

H+55/8D	3	Michel Wolfs	00:20:26
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##### 10 km - 55 deelnemers

H+35/12D	3	Niels Adang	00:35:37	3 Alg
H+55/5D	3	Lode Raskin	00:42:57	
D+35/6D	4	Jill Pauwels	00:47:15	

#### 04.07.2025 - MEETING NACHT VAN ALKEN

300m/5HSen	4	Jorden Van Asselbergh	00:41,27	PR
1 mijl/2DSen	2	Julie Vangeel	05:41,38	SB

#### 30.06.2025 - KERMISLOOP NIEUWERKERKEN

##### 4,8 km - 103 deelnemers

H+35/14D	1	Jonas Slegers	00:16:38	2 Alg
	3	Niels Adang	00:17:18	
H+55/9D	3	Michel Wolfs	00:20:42	
D-35/9D	3	Kelly Haex	00:20:49	

##### 9,6 km - 75 deelnemers

H+55/8D	6	Lode Raskin	00:45:45
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#### 29.06.2025 - MEETING ADD DIEPENBEEK

1500m/1Sen	1	Julie Vangeel	05:16,73	
800m/2Sen	2	Jorden Van Asselbergh	02:10,00	DQ

#### 28.06.2025 - ATERSTAOSE JOGGING - TONGEREN

##### 5,3 km - 210 deelnemers

D-35/35D	1	Julie Vangeel	00:21:40	2 Alg
H+55/20D	2	Lode Raskin	00:22:00	

##### 10,6 km - 99 deelnemers

H+35/27D	2	Jonas Slegers	00:38:47	2 Alg
	9	Peter Bex	00:40:56	
D+45/5D	2	Hilde Schroven	00:49:23	

## 22.06.2025 - HOESELT RUN

### 5 km - 647 deelnemers

H+50/51D	8 Lode Raskin	00:22:07
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### 10 km - 313 deelnemers

H+40/62D	6 Peter Bex	33:39:56
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### 10 miles - 387 deelnemers

H-40/62D	2 Andries Aerts	01:01:13
	3 Jonas Slegers	01:02:04
D-40/65D	4 Julie Vangeel	01:21:08
D+50/17D	2 Hilde Schroven	01:20:36

## 22.06.2025 - DWARS DOOR GEEL

### 10 km - 170 deelnemers

D45-49/3D	2 Katleen Boeckx	00:39:38
H45-49/19D	5 Geert Schroven	00:39:37

## 20.6.2025 - MIDSUMMERTRAIL OUDSBERGEN

### 12 km - 48 deelnemers

DAIg/16D	1 Rianne Linssen	00:54:13	1 Alg
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## 20.06.2025 - ESTAFETTE LANAKEN

H-80/14D	2 Jonas Slegers - Andries Aerts	17807 m	2 Alg
H+80/10D	7 Michel Wolfs - Gilles Puelings	14955 m	
G-80/8D	1 Jill Pauwels - Jorden Van Asselbergh	16085 m	

## 14.06.2025 - MEETING ATLA LANAKEN

600m/3DSen	2 Julie Vangeel	01:49,37	PR
600m/5HSen	4 Jorden Van Asselbergh	01:30,79	PR

## 13.06.2025 - RAPPER DAN RAP - LAAKDAL

### 6,3 km - 61 deelnemers

DAIg/14D	1 Katleen Boeckx	00:28:28
HAIg/47D	12 Geert Schroven	00:28:25

## 14.06.2025 - BURCHTLOOP BRUSTEM

### 5 km - 181 deelnemers

H+35/24D	1 Jonas Slegers	00:16:52	1 Alg
H+55/14D	5 Michel Wolfs	00:20:51	

10 km - 108 deelnemers

D+35/11D	2 Jill Pauwels	00:46:26	3 Alg
H+55/10D	3 Lode Raskin	00:45:06	

09:06:2025 - BK DUFFEL 10000M

H55/7D	6 Lode Raskin	41:14,11	
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07.06.2025 - BOEKT LOOPT

5 km - 327 deelnemers

H-35/95D	2 Bram Rouffa	00:16:33	2 Alg
H+55/17D	1 Michel Wolfs	00:20:38	
	2 Lode Raskin	00:20:51	
D-35/72D	5 Kelly Haex	00:22:27	

10 km - 225 deelnemers

D-35/35D	2 Julie Vangeel	00:42:26	3 Alg
D+45/16D	2 Hilde Schroven	00:47:14	
H-35/63D	8 Kevin Pauls	00:39:38	
H+35/39D	1 Jonas Slegers	00:36:29	
	5 Peter Bex	00:38:00	

07.06.2025 - SINKSENRUN - AVERBODE

5 km - 68 deelnemers

HAIg/49D	3 Niels Adang	00:17:41	1H35
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07.6.2025 - STRATENLOOP LEOPOLDSBURG

4 km - 174 deelnemers

HAIg/108D	1 Malte Franssen	00:15:02	
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02.06.2025 - KERMISLOOP TERKOEST

4,9 km - 198 deelnemers

H+35/28D	1 Jona Slegers	00:16:32	3 Alg
H+55/25D	5 Michel Wolfs	00:18:47	

9,8 km - 115 deelnemers

D+35/6D	1 Jill Pauwels	00:46:09	3 Alg
H+35/21D	2 Andries Aerts	00:35:07	2 Alg
H+55/10D	2 Lode Raskin	00:43:31	

01.06.2025 - HALVE MARATHON NIJLEN

10 KM - 247 deelnemers

DAIg/74D	3 Katleen Boeckx	00:45:56	
HAIg/173D	39 Geert Schroven	00:45:55	

31.05.2025 - PISTE MEETING ALKEN

2 mijl - 10 deelnemers

AC/3D	1 Jorden Van Asselbergh	10:24,53	<b>PR</b>
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**25.05.2025 - BILZEN RUN**5 km - 503 deelnemers

H-35/151D	3 Jorden Van Asselbergh	00:16:36	3 Alg
	5 Robbe Vandebosch	00:17:04	
H+55/25D	1 Michel Wolfs	00:20:23	
	5 Lode Raskin	00:22:17	

15 km - 190 deelnemers

D-35/18D	1 Julie Vangeel	01:07:52	
D+50/12D	1 Hilde Schroven	01:10:37	
H-35/46D	1 Bram Rouffa	00:50:27	2 Alg
H+35/46D	2 Jonas Slegers	00:53:32	
	9 Peter Bex	00:59:01	

**25.05.2025 - BOKKERIJDESRUN - WELLEN**9,8 km - 96 deelnemers

D+35/6D	2 Jill Pauwels	00:43:45	2 Alg
H+35/27D	14 Andries Aerts	00:43:24	
H+55/12D	3 Lode Raskin	00:42:05	

**23.05.2025 - PISTE MEETING TACT - ST-TRUIDEN**1 mijl - 8 deelnemers

MAS/3D	1 Jonas Slegers	01:56,36
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Estafette mixed

AC/2D	1 ADD	10:13,16	<b>PR ADD</b>
	(RUNNERS Kortessem) :		
	Jorden Van Asselbergh		
	Chantal Van Oosterwijck		
	Jonas Slegers		
	Julie Vangeel		

**21.05.2025 - ESTAFETTE SAFFRAANBERG - ST-TRUIDEN**

H-80/9D	1 Jonas Slegers -	17547 m	1 Alg
	Andries Aerts		
H+100/9D	3 Michel Wolfs -	14743 m	
	Lode Raskin		
G-80/10D	3 Jill Pauwels -	15656 m	
	Jorden Van Asselbergh		

**16.05.2025 - PISO CITYRUN - TIENEN**5 km - 181 deelnemers

HA1g/81D	9 Niels Adang	00:19:53
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#### 15.05.2025 -CAMPUSRUN DIEPENBEEK

##### 5 km - 175 deelnemers

HAIg/100D	3	Jorden Van Asselbergh	00:16:43	3 Alg
	4	Robbe Vandebosch	00:16:58	
	5	Jonas Slegers	00:17:08	

##### 10 km - 483 deelnemers

HAIg/348D	3	Andries Aerts	00:35:42	3 Alg
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#### 10.05.2025 -EUREGIOMEETING LANAKEN

150 m	4	Julie Vangeel	00:23,12	<b>PR</b>
Sen D/4D				
150 m	5	Jorden Van Asselbergh	00:18,97	<b>PR</b>
Sen H/4D				
300 m	3	Julie Vangeel	00:50,29	<b>PR</b>
Sen D/3D				

#### 10.05.2025 - ABDIJRUN HERCKENRODE - HASSELT

##### 5 km - 270 deelnemers

H-35/60D	6	Jorden Van Asselbergh	00:16:40
H+35/32D	3	Jonas Slegers	00:16:53

##### 10 km - 276 deelnemers

H+55/26D	6	Lode Raskin	00:41:35
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#### 04.05.2025 - GENK LOOPT

##### 5 km - 942 deelnemers

D+20/409D	2	Kelly Haex	00:19:48	3 Alg
H+20/	3	Jorden Van Asselbergh	00:16:24	
H+55/16D	1	Lode Raskin	00:19:45	

##### 10 km - 896 deelnemers

H+20/	18	Kevin Pauls	00:37:11
H+50/51D	4	Yves Kockaerts	00:37:53

##### 10 miles - 801 deelnemers

D+20/174D	1	Julie Vangeel	01:08:54	1 Alg
D+50/12D	1	Hilde Schroven	01:13:42	
H+20/	3	Jonas Slegers	00:57:00	
H+40/75D	4	Peter Bex	01:01:41	

#### 01.05.2025 - TUNGRI RUN

##### 3 km - 248 deelnemers

DAIg/122D	2	Kelly Haex	00:13:07	2 Alg
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##### 5 km - 986 deeeelnemers

H-35/372D	1	Bram Rouffa	00:15:38	1 Alg
H+35/134D	2	Jonas Slegers	00:17:47	

D+45/39D      4 Hilde Schroven      00:23:39

10 km - 349 deelnemers

D-35/48D	1 Julie Vangeel	00:44:06	3 Alg
H+35/67D	6 Peter Bex	00:38:00	
H+45/52D	24 Joeri Colson	00:49:32	
H+55/19D	2 Lode Raskin	00:44:44	

26.04.2025 - RUND UM DEN SEE - BUTGENBACH

11,6 km - 186 deelnemers

DAIg/70D	2 Rianne Linssen	00:47:47	2 Alg
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26.04.2025 - OOSTELJOGGING - GEEL

4 km - 35 deelnemers

D+45/3D	1 Katleen Boeckx	00:17:16	2 Alg
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25.04.2025 - ESTAFETTE KORTESSEM

H-80/9D	1 Andries Aerts - Jonas Slegers	17939 m	1 Alg
	3 Malte Franssen - (Sirfouq Mahdi)	17632 m	3 Alg
G-80/7D	1 Rianne Linssen - Peter Bex	16341 m	
	2 Jill Pauwels - Jorden Van Asselbergh	16293 m	
H+80/8D	1 Kevin Pauls - (Peter Vangeel)	15745 m	
	4 Michel Wolfs - Gilles Puelings	14317 m	

21.04.2025 - PISTEMEETING DIEPENBEEK

800 m	2 Julie Vangeel	02:38,94	
Sen D/3D			
800 m	5 Jorden Van Asselbergh	02:13,12	
Sen			
H/12D			
	7 Jonas Slegers	02:27,32	
	8 Gilles Puelings	02:27,96	

21.04.2025 - BLOESEM RUN ZEPPEREN

5 km - 300 deelnemers

H-35/83D	1 Bram Rouffa	00:15:24	1 Alg
H+35/30D	1 Jonas Slegers	00:16:37	
	3 Peter Bex	00:17:54	
H+55/17D	3 Michel Wolfs	00:19:10	



10 km - 248 deelnemers

H+45/40D	6	Yves Kockaert	00:39:08
H+55/18D	3	Lode Raskin	00:40:42

18.04.2025 - ESTAFETTE TONGEREN

H-80/11D	2	Andries Aerts - Jonas Slegers	16953 m
G-80/10D	2	Bram Rouffa - (Silke Cuyx)	16586 m
	3	Jill Pauwels - Jorden Van Asselbergh	16252 m
H+80/5D	1	Michel Wolfs - Gilles Puelings	15717 m

13.04.2025 - JOGGING DE BIERWART

5,7 km - 102 deelnemers

HA1g/35D	7	Michel Wolfs	00:23:27
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13.04.2025 - MARATHON EUROPESE KAMPIOENSCHAP -  
LEUVEN

H35/1215D	40	Jonas Slegers (235)	02:46:16	PR
	45	Andries Aerts (265)	02:48:09	PR
H40/1772D	101	Niels Adang (540)	02:57:08	

13.04.2025 - 10 KM EUROPESE KAMPIOENSCHAP - LEUVEN

10 km - 5691 deelnemers: 3662H - 2029D

D30/320D	17	Julie Vangeel (154)	00:43:06
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12.04.2025 - HALVE MARATHON EUROPESE KAMPIOENSCHAP -  
LEUVEN

21,1 km - 8173 deelnemers: 4592H - 3576D

H25/836D	26	Jorden Van Asselbergh (165)	01:16:21	PR
	288	Gilles Puelings (1529)	01:43:25	
H40/901D	171	Peter Bex (924)	01:35:01	
D25/953D	46	Kelly Haex (224)	01:42:28	
D40/658D	35	Jill Pauwels (239)	01:43:26	
D50/364D	7	Hilde Schroven (178)	01:39:27	

06.04.2025 - DIESTSE WARANDELOOP

5 km - 91 deelnemers

D+40/12D	2	Katleen Boeckx	00:21:32
H+45/28D	9	Geert Schroven	00:21:30

## 23.03.2025 - FIREFIGHTER MOUNTAIN TRAIL & WALK - BERINGEN

### 6 km - 108 deelnemers

H35/14D	1	Malte Franssen	00:22:45	1 Alg/48
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### 19 km - 99 deelnemers

D35/12D	1	Rianne Linssen	01:47:16	1 Alg/26
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## 23.03.2025 - JOGGING F. RAEMAEKERS - OREYE

### 5 km - 308 deelnemers

HAlg/156D	17	Michel Wolfs	00:22:39	
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## 22.03.2025 - LENTERUN - HEERS

### 5 km - 154 deelnemers

D-35/24D	3	Kelly Haex	00:20:01	3 Alg/61
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H-35/25D	3	Gilles Puelings	00:19:07	
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H+35/25D	1	Janos Slegers	00:16:14	1 Alg/93
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H+55/15D	5	Michel Wolfs	00:19:32	
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	6	Lode Raskin	00:19:53	
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### 10 km - 117 deelnemers

D-35/13D	1	Julie Vangeel	00:44:53	2 Alg/30
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D+35/11D	3	Jill Pauwels	00:45:46	
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## 16.03.2025 - KEMPENRUN - HAPERT (NL)

### Halve Marathon Atleet - 77 deelnemers

H+35/11D	3	Andries Aerts	01:16:45	PR
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	10	Jonas Slegers	01:20:54	
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## 09.03.2025 - LOOPFESTIJN STEIN (NL)

### 5 km - 53 deelnemers

D-35/5D	2	Kelly Haex	00:20:41	
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H+55/5D	1	Michel Wolfs	00:19:49	
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	2	Lode Raskin	00:20:33	
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## 08.03.2025 - SPA FRANCORCHAMPS RUN

### 7 km - 2089 deelnemers

DAlg/1012D	1	Kelly Haex	00:30:44	1 Alg
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## 02.03.2025 - ALDEN BIESEN TRAIL

### 16 km - 132 deelnemers

D-35/24D	1	Julie Vangeel	01:17:18	1 Alg/46
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H+35/30D	1	Jonas Slegers	01:05:05	2 Alg/86
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	21	Jeroen Jeuris	01:34:46	
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### 10 km Walk - 96 deelnemers

H-35/20D      1 Gilles Puelings      01:38:19      3 Alg/63

#### 23.02.2025 - DGI WINTERDUATHLON HOFSTADE

Mixed      2 Katleen Boeckx -      01:36:37  
Duo/6D      Geert Schroven

#### 16.02.2025 - MIDWINTER JOGGING - KIEWIT/HASSELT

##### 5,25 km - 372 deelnemers

D-35/66D      4 Kelly Haex      00:20:59      4 Alg  
H-35/99D      26 Gilles Puelings      00:20:06  
H+35/42D      25 Jonas Slegers      00:25:13  
H+55/24D      6 Michel Wolfs      00:20:36  
                 8 Lode Raskin      00:21:11

##### 10 km - 555 deelnemers

D+35/54D      7 Jill Pauwels      00:43:33  
H+35/100D      7 Andries Aerts      00:34:43  
                 13 Jonas Slegers      00:35:49

#### 16.02.2025 - CROSS CUP EN KVV DIEST

Dames Masters- 4220 m

D35/45D      3 Rianne Linssen      00:17:30      **BRONS KVV**

##### Korte Cross Mannen Senior - 2200m

HSen/45D      28 Malte Franssen      00:06:52      18 KVV

#### 09.02.2025 - CROSSDUATHLON - ETEN-LEUR (NL)

Duo's L 6-F 20-L 3 km - 39 deelnemers

Duo's      15 Katleen Boeckx -      01:34:02  
Alg/39D      Geert Schroven

#### 08.02.2025 - ESTAFETTE STADSPARK SINT-TRUIDEN - 60 TEAMS

D-80/2D      2 Jill Pauwels -      15261 m  
                 Kelly Haex  
H-80/8D      2 Andries Aerts -      18551 m      2 Alg  
                 Jonas Slegers  
H-80/8D      5 Michel Wolfs -      16111 m  
                 Gilles Puelings

#### 02.02.2025 - JOGGING DE BOIRS

##### 9,8 KM - 77 deelnemers

DA1/5D      1 Jill Pauwels      00:40:33      2 Alg

#### 02.02.2025 - LCC VELDLOOP LOMMEL

##### Heren-35 - 8990 m

HSen/14D 11 Jorden Van Asselberghs 00:34:27

Heren+35 - 5790 m

H35/24D 4 Andries Aerts 00:19:42

6 Jonas Slegers 00:20:04

Dames+35 - 5790 m

D35/12D 1 Rianne Linssen 00:22:10

19.01.2025 - LCC VELDLOOP ALKEN

Dames Seniors - 5170 m

DSen/7D 4 Julie Vangeel 00:22:37

Dames Masters<50 - 5170 m

D35/9D 4 Jill Pauwels 00:24:21

Heren Seniors - 7930 m

HSen/20D 11 Jorden Van Asselberghs 00:30:46

Heren +35 - 5170 m

H35/27D 4 Andries Aerts 00:19:20

12 Peter Bex 00:20:47

12.01.2025 - LCC VELDLOOP LANAKEN

Dames Seniors - X m

DSen/6D 2 Rianne Linssen 00:27:59

Dames Masters<50 - X m

D35/7D 5 Jill Pauwels 00:32:54

Heren Seniors - X m

HSen/12D 2 Jorden Van Asselberghs 00:40:20

Heren +35 - X m

H35/21D 3 Andries Aerts 00:24:58

Heren +50 - X m

H50/8D 6 Michel Wolfs 00:22:52

04.01.2025 - PK VELDLOOP LIMBURFG - PELT

Heren +35 - 5190 m

H35/6D 5 Jonas Slegers 00:18:41

H40/7D 3 Peter Bex 00:20:14

BRONS

Heren +50 - 4250 m

H50/4D 2 Yves Kockaert 00:17:29

ZILVER

H55/4D 2 Michel Wolfs 00:17:06

ZILVER

## 02.01.2025 -MOOZE NEW YEARS NIGHTTRAIL & WALK

### 5 km - 124 deelnemers

HAIg/52D	1 Jonas Slegers	00:21:41
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### 5 km Walk - 152 deelnemers

HAIg/58D	2 Gilles Puelings	00:57:55
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